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Vol. 53, No. 33

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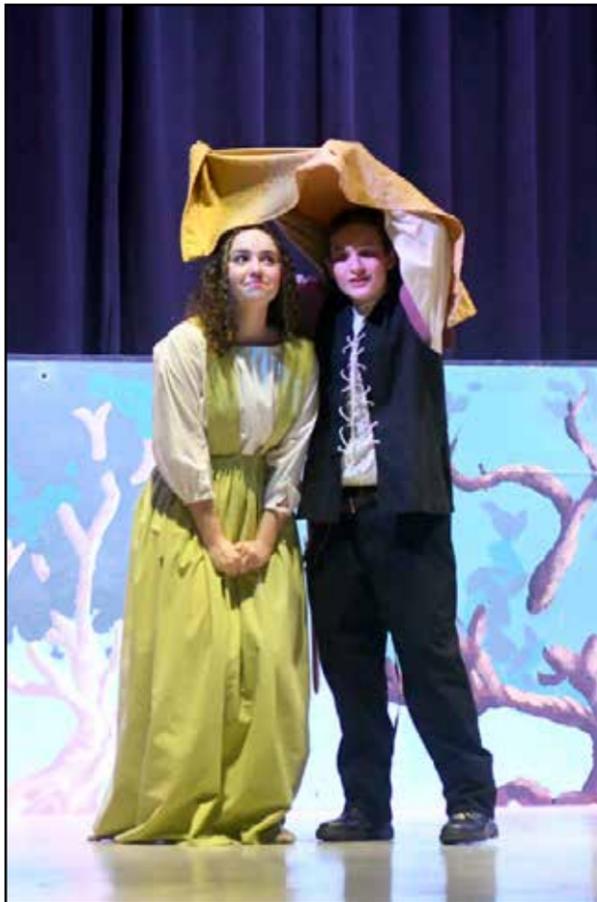



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North Warren Regional High School Puts On A Spectacular Rendition of Sleeping Beauty the Musical



North Warren Regional High School put on a Spectacular performance of Sleeping Beauty the Musical on March 20th-22nd. Photo by Dale Young/The Free Weekly Press

Bangor Goes Head to Head Against Saucon Valley in Softball



Bangor took on Saucon Valley in softball on March 20th. However, Bagor lost the game with a close score of 7 to 8. Photo by Dale Young/The Free Weekly Press

Bangor Battles Palmerton High School in Boys Tennis



Although the weather may not feel like Spring, the Spring sports are in full swing. Bangor took on Palmerton High School in Boys Tennis on March 18th. Bangor was defeated, 4 to 1. Photo by Dale Young/The Free Weekly Press

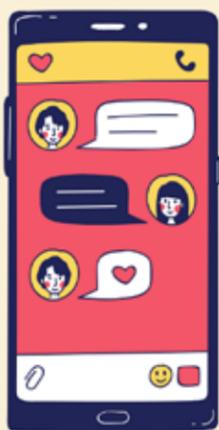
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Project Self-Sufficiency Will Host Innovative Career Fair & Health Fair

Area residents are invited to boost their careers and their health by attending an innovative Career & Health Fair hosted by Project Self-Sufficiency, Wednesday, April 15th, 10:00 a.m. – 2:00 p.m. Local employers and educational institutions will be on hand to promote job openings and scholastic opportunities. A representative from Sussex County Community College will offer an information session about coursework and majors at the institution. In addition, representatives from area healthcare organizations will offer the latest information about the health and well-being of children and families. Further job search guidance, such as mock interviews, will be offered to attendees by Project Self-Sufficiency Career Center staff. A gift card will be awarded to a lucky Career & Health Fair attendee. The event is free and open to the public.

"We encourage anyone who is interested in advancing their career and improving their health to attend this unique event," commented Project Self-



Sufficiency Executive Director Deborah Berry-Toon. "Attendees can get tips for better health and wellness, learn about employment opportunities and options for furthering their education, and explore the resources they need to move forward with their job searching process."

Project Self-Sufficiency will be joined by employers, educational institutions, and healthcare experts to promote job openings and health and wellness resources, including Action Group Staffing, American Red Cross, Atlantic Health System, Capitol Care, Community Health Worker Hub, Health Village, iHeartMedia, IBEW 102 JATC, Karen Ann Quinlan Hospice,

Mary Kay Cosmetics, Masis Staffing Solutions, Morris County Vocational School District, New Jersey Division of Vocational Rehabilitation Services, the State of New Jersey Judiciary, Preferred Care at Home, Primerica Financial Services, RoNetco Supermarkets/Shop Rite, Sussex County Community College, Sussex County Educational Services Commission Project Search, TechFlex, Inc., Thor Labs, and others.

For more information about the free Career & Health Fair, or to find out more about the programs and services offered by Project Self-Sufficiency, call 973-940-3500 or visit www.projectsselfsufficiency.org.

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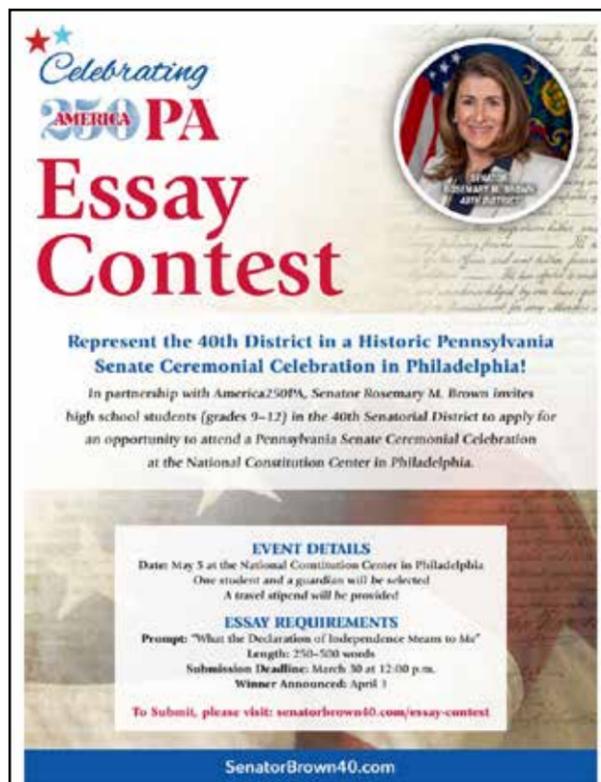
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Local Students Invited By Senator Rosemary Brown to Participate in Essay Contest

As we prepare to celebrate our nation's 250th anniversary, I am pleased to offer a unique opportunity for a high school student in the 40th Senatorial District to take part in a special Pennsylvania Senate Ceremonial Meeting in partnership with America250PA. One student will be selected through an essay competition to join me in Philadelphia for this historic event.

This is an exciting opportunity for a local student to experience a ceremonial Senate meeting firsthand and engage directly in the civic process. As we approach this important milestone in our nation's history, it is critical that we invest in the next generation and encourage meaningful civic engagement.

This event continues a long-standing tradition of holding Senate meetings in Philadelphia to mark major anniversaries of our nation's founding, including past gatherings in 1926 and 1976. This year's event will take place on Tuesday, May 5, at the National Constitution Center. I will have the opportunity to invite one student from our district, along with a parent or guardian, to attend



and represent our community. A travel stipend will be provided to help offset associated costs.

I encourage interested students in grades 9 through 12 to apply. This is a meaningful way to learn, engage, and be part of a historic moment for both our Commonwealth and our country.

To be considered, students must submit a 250-500-word essay responding to the prompt:

“What the Declaration of Independence means to me.” Essays are due by March 30 at 12:00 p.m., and the selected student will be notified on April 3.

Submissions can be made through my website at: senatorbrown40.com/essay-contest/

For additional information, students, parents, or schools may contact my office at 570-620-4326 or email mmueler@pasen.gov

New to the Bangor Public Library

Adult Fiction:

A Lady for All Seasons by T. J. Alexander

No Matter What: A Novel Cara Bastone

To Win a Crown by Rachel Hauck

Mistakes Were Made by Lucy Score

You Should Have Been Nicer to My Mom: A Modern Gothic Horror by Vincent Tirado

Easy Fiction:

Loops by Jashar Awan

Kitty Caterpillar by Annabeth Bondor-Stone

The Rare Bird by Elisha Cooper

Croco by Azul Lopez

The Great Escape by Deborah Marcero

Bartleby by Matt Phelan

The Weedy Garden: A Happy Habitat for Wild Friends by Margaret Renkl

Bear Worries by Nataliia Shaloshvili

Easy Non Fiction:

Rumpelstiltskin by Mac Barnett

Butt or Face?: Ador-A-Butts! by Kari Lavelle

Junior Fiction:

The Night We Got Stuck in a Story by Ben Miller

The Day I Fell into a Fairy Tale by Ben Miller

Spirit Service by Sarena Nanua

Harry Potter by J. K. Rowling

The Lighthouse at the World's End by Amy Sparkes

Junior Non Fiction:

Outside Your Window: A First Book of Nature by Nicola Davies

Young Adult Fiction:

Death of a Pop Star: Volume 2 by Violet Karim

DVDs:
Wildcat

New to the Blue Mountain Community Library

Blue Mountain Community Library News for Early April:
The library is located at 216 S. Robinson Ave. in Pen Argyl. Open hours are Monday-Saturday 10am-12pm and Monday and Thursday 6-8pm. Questions?
Call 610-863-3029 or email info@bmcl.org.

April is Volunteer Appreciation Month. A huge thank you to the library's dedicated volunteers. The library is in need of more adult volunteers for all shifts. This is a great opportunity to serve the community and meet like-minded individuals! Commitment involves just 4.5 hours each month. No special skills are required. All training is provided. Pick up an application at the circulation desk.

The library is closed April 2 (evening), April 3, and April 4 for Easter.

Stop in today to see our new mascot: a beautiful little blue fish! Thank you to Waters Edge Aquarium for donating him and to an anonymous donor for donating his bowl, food, and supplies. Through April 18, anyone can suggest a name for the fish. Then through April 30, everyone can vote for a name.

Try the new scavenger hunt for children, with lots of new prizes in the prize basket - plus a scavenger hunt for adults and young adults! Deadline is April 30, with a prize drawn from all correct entries.

Book group for adults is April 14 at 6:30pm, discussing *The God of the Woods*. Register by emailing info@bmcl.org.

A silent auction will be held from April 10 through May 6. We have many great Mother's Day gifts. Library membership is not required to bid.

New to the circulating collection:

Adult fiction:

- *The Astral Library* (Kate Quinn)
- *Cold Zero* (Brad Thor)
- *The Crossroads* (C.J. Box)
- *More than Enough* (Anna Quindlen)
- *The Viper* (Brad Meltzer)
- *Cleopatra* (Saara El-Arifi)
- *The Castaways* (Lucy Clarke)
- *The Devil's Bible* (Steve Berry)
- *A Mother's Love* (Danielle Steel)
- *The Girls We Sent Away* (Meagan Church)
- *How to Read a Book* (Monica Wood)
- *The Life Cycle of the Common Octopus* (Emma Knight)
- *When I Kill You* (B.A. Paris)
- *If Two Are Dead* (Rick Mofina)
- *A Dead Draw* (Robert Dugoni)
- *The Right to Remain* (James Grippando)

Adult nonfiction:

- *The Let Them Theory* (Mel Robbins)
- *Black Dahlia* (William J. Mann)
- *The Other Family Doctor* (Karen Fine)

Large print fiction:

- *Nightcaps at the Beach House Hotel* (Judith Keim)
- *New Beginnings in Lavender Bay* (Michele Brouder)

YA fiction:

- *Beth Is Dead* (Katie Bernet)
- *A Tribute of Fire* (Sariah Wilson)
- *A Vow of Embers* (Sariah Wilson)
- *A Curse of Ashes* (Sariah Wilson)
- *Juvenile fiction:*
- *The New Class* (Swapna Reddy)
- *Sparkling Steps* (Sue Bentley)
- *Pete at the Beach* (James Dean)
- *A Bear, a Man, and a Donut Van* (Daniel Bernstrom)
- *Fox and the Mystery Letter* (Alex G. Griffiths)

Juvenile nonfiction:

- *Who Was Nellie Bly?* (Margaret Gurevich)
- *What Was the Hindenburg?* (Janet B. Pascal)
- *Minecraft Construction Handbook* (Matthew Needler)
- *Minecraft Combat Handbook* (Stephanie Milton)
- *Who Was Ruth Bader Ginsburg?* (Patricia Brennan Demuth)
- *Who Is Malala Yousafzai?* (Dinah Brown)
- *The Wonder of Easter* (Matt Mitter)



North Warren Regional High School Present Sleeping Beauty The Musical



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Photos by Dale Young/The Free Weekly Press

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Boscola Bill to Improve Safety During Traffic Stops Passes State Senate

Senator Lisa Boscola (D-Northampton) announced that the Pennsylvania Senate has unanimously passed Senate Bill 802, bipartisan legislation she co-introduced with Senator Patrick Stefano (R-Fayette) to allow Pennsylvanians to voluntarily add a communication barrier designation to their driver's license, state identification card, and PennDOT electronic records.

The bill is intended to improve safety and reduce misunderstandings during traffic stops and other interactions with law enforcement by giving individuals a way to alert first responders that they may have difficulty communicating.

"For someone who is deaf, hard of hear-

ing, autistic, or has another communication barrier, even a routine traffic stop can quickly become confusing and overwhelming," Boscola said. "This bill gives Pennsylvanians a simple tool that can help prevent misunderstandings, improve communication, and make these interactions safer for everyone involved."

Under Senate Bill 802, individuals may request the designation on their physical driver's license or identification card and in PennDOT's electronic records. The bill also permits optional emergency contact information. The designation may be removed and does not disclose a person's specific medical condition.

Boscola said the leg-

islation grew out of real constituent experiences where routine interactions with law enforcement became unnecessarily stressful or escalated because of communication difficulties.

"At its core, this legislation is about safety, clarity, and dignity," Boscola said. "It gives law enforcement better information at the outset of an encounter, and it gives individuals and families greater peace of mind."

The bill is the product of bipartisan collaboration. In prior legislative

sessions, Boscola and Stefano had separately introduced legislation addressing the issue from different angles. By combining those efforts, they developed a more complete and practical solution.

"This is a common-sense public-safety measure and a good example of how bipartisan cooperation can produce thoughtful policy," Boscola said. "I'm proud to see the Senate move this bill forward."

Senate Bill 802 now moves to the House of Representatives for consideration.

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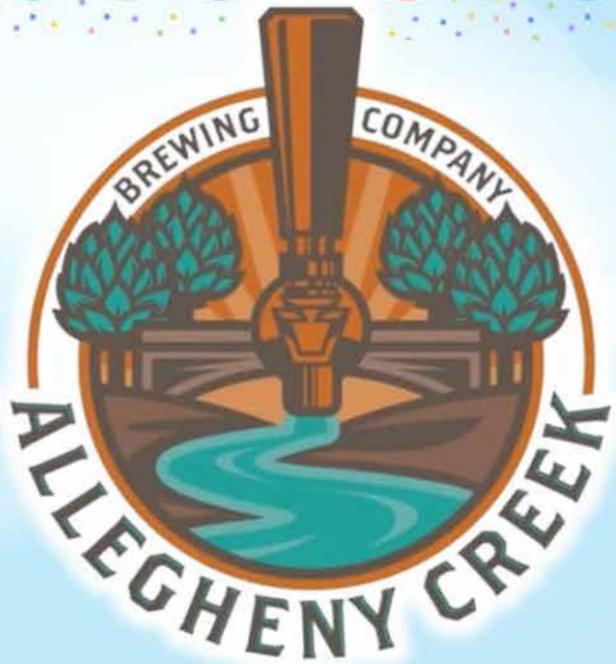
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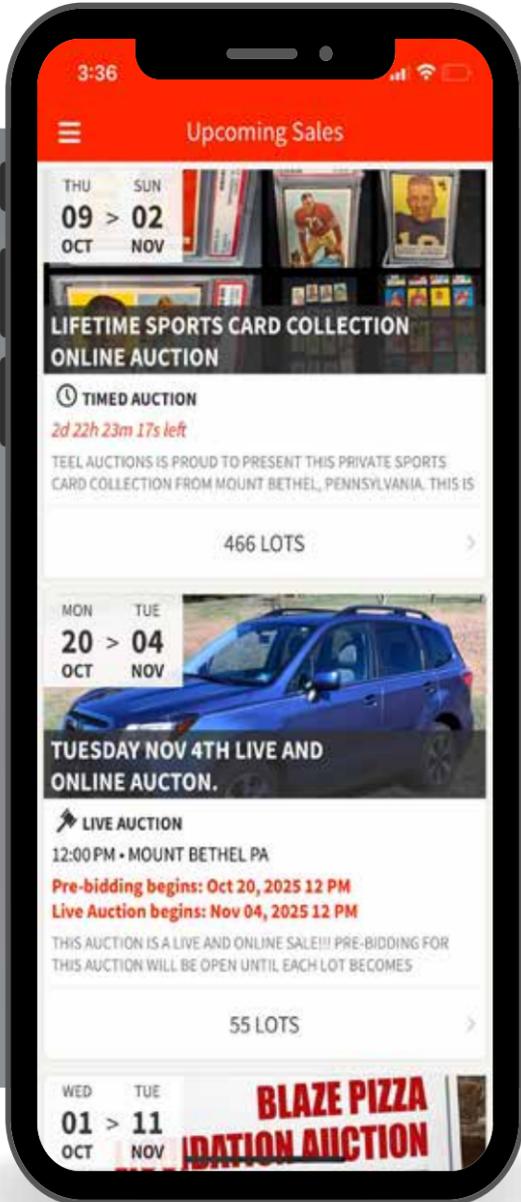
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Garden Dilemmas? Ask Mary?



Mary E. Stone
Stone Associates
Landscape Design
& Consulting,
Blairstown, NJ

Hello, fellow readers,
The rhythm of the seasons continues to guide us, even when life feels uncertain or in transition. We've had productive rains lately, making up for what had been below-average precipitation despite our above-average snowfall. Nature has a way of balancing herself when we don't interfere.
Thank you to those who reached out after last week's column. Many of you shared that you're now seeing roadside litter differently—and even

incorporating "plalking" into your walks. That simple act of picking up what doesn't belong does something to the soul. There's something deeply centering about being part of the solution. It steadies the heart.

This season is bringing a new chapter for me. Now that it's just me and Jolee, I'm taking on all of the groundskeeping—not just the gardens. I'll admit, it feels intimidating, but there's enjoyment unfolding that I didn't expect.

Over the weekend, I began what I'll call a "reconvening" with the leaves. Those that had gathered over the winter were heavy, wet, and matted down in certain areas. I've always been one to let leaves be—letting the wind carry them, letting nature decide where they land and how they return to the soil. And truly, Mother Nature does an extraordinary job.

But when leaves collect too thickly, especially under snow, they can form a dense layer that inhibits



growth. They block air, water, and light. And even in a lawn like mine—which is far from traditional—that matters.

My lawn is more of a tapestry, filled with things I adore.

Violets. Clover. Plantain. Dandelions.

Not weeds in my eyes, but companions. Plantain and dandelion are edible,

nutrient-rich, and offer important benefits for pollinators and people alike. I adore common blue violet (*Viola sororia*), with its charming little faces. Both flowers and leaves are rich in vitamins A and C. Yes, they are ambitious, but early pollinators rely on them.

White clover, another favorite, supports pollina-

tors, enriches the soil, and creates a softer, more sustainable lawn. Though not native, it was brought here by early European settlers, who considered clover lawns the norm. In fact, clover was once a standard component of lawn seed mixes before falling out of favor with the rise of chemical weed controls that didn't distinguish between nuisance plants and beneficial ones. Thankfully, clover is making a welcome return.

Still, even with the tapestry among the lawn, there's a balance to be kept.

So I began gathering the heavier leaf layers, raking them onto tarps and dragging them into the woods, placing them over disturbed soil from harvesting boulders for the beautiful wall now gracing the front of my home.

At first, I worried about the critters nestled within those leaves. Then it occurred to me—I wasn't removing them, I was redistributing them. Gently moving what had yet to awaken, I am helping to heal the wounds left behind. The leaves will decompose, returning nutrients to the soil, supporting new growth.

There is a therapy in

this kind of work—an act of restoration. A rhythm. A grounding.

A garden tractor waits for me to learn its ways. Soon, I'll use mulching blades to return remaining leaves to the lawn, nourishing the soil where they fell. I've also ordered white clover seed to help fill in areas disturbed by construction. It will fit right in.

As I've been working outdoors, tending the land, I'm reminded how closely it mirrors tending our lives. There are seasons for clearing, for redistributing, and for allowing what nourishes to take root again.

And perhaps that's the wisdom of early spring.

Not everything needs to be removed. Some things simply need to be shifted, softened, or given space to return in a new way.

As we move through our own seasons—whatever they may hold—may we find small ways to tend what's before us. To care for what matters. And to trust that, beneath it all, something good is ready to grow.

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BANGOR (7) VS SAUCON VALLEY (8) GIRLS SOFTBALL

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Sherrill Administration Highlights Success Of Historic Program Helping Hundreds Of Fire Departments Remove Pfas-Containing Firefighting Foams

The Department of Environmental Protection and Department of Community Affairs today highlighted the success of a major state-led effort to collect and safely destroy PFAS-containing firefighting foams from hundreds of fire departments across the state at no cost to them.

DEP Acting Commissioner Ed Potosnak

The initiative, part of the Sherrill Administration's mission to deliver on addressing complex environmental problems, is helping fire departments comply with state legislation banning the use and storage of these foams after Jan. 1, 2027. The effort is protecting communities and firefighters from the health and environmental threats these harmful chemicals pose.

Two regional sites have been collecting the firefighting foams throughout the month for destruction by an out-of-state contractor.

"We are extremely pleased that fire departments from across New Jersey have been stepping

up to get rid of these foams and protect firefighters, their communities, and the environment from potential impacts from these dangerous chemicals," DEP Acting Commissioner Ed Potosnak said during a media event at the northern regional collection site in Hunterdon County. "The DEP is delivering on one of the Sherrill Administration's environmental priorities to mitigate harmful PFAS, keeping them out of the environment and avoiding the extremely high cost of cleanup down the road."

"Improving quality of life is at the heart of everything we do at the Department of Community Affairs. This includes stopping the use of cancer-causing firefighting foam in an effort to protect the health of New Jersey firefighters and the safety of drinking water supplies," said DCA Commissioner Jacquelyn A. Suárez. "Working together with the Department of Environmental Protection and local fire departments across the state, our Department's

Division of Fire Safety (DFS) is proud to be part of this massive collection and disposal program that will reduce future environmental contamination."

"Our firefighters put their lives on the line to protect us every day. The last thing they should have to worry about is exposure to dangerous 'forever chemicals' when they are using the very tools that are meant to keep them safe," said Senator Troy Singleton, who authored the law banning PFAS in firefighting foam. "Protecting those who protect us will remain a top priority and I am encouraged by the State's efforts to implement this law, and safely destroy PFAS-containing foam."

"New Jersey is leading the way in addressing the serious public health risks posed by PFAS, the 'forever chemicals' that are pervasive in our consumer products, and now our environment," said legislation sponsor Senator Linda Greenstein. "Efforts like this from the Department of Environmental Protection and the Department of Community Affairs to safely collect and destroy material containing PFAS build off of our broader work to reduce exposure and strengthen protections, with the goal of ensuring a healthier environment for our residents in the future."

Eliminating a Threat: State law adopted in 2024 directed the DEP to establish a collection and disposal program to address the risks posed



State Firefighters Mutual Benevolent Association President Eddie Donnelly. "Cancer in the fire service is our number one killer. The NJFMBA is grateful for the partnership with our Legislature and Governor Sherrill for taking action to reduce long-term health concerns and ensure safer conditions for New Jersey's first responders. We are the front lines of defense for our state and deserve nothing less than common sense collaboration to ensure New Jersey provides the protection, staffing and equipment for our women and men to do their jobs safely."

Revive Environmental Contract

The DEP has contracted with Revive Environmental to manage the logistics, consolidation, storage, and certified destruction of collected AFFF materials. Collected foam will be transported to a Revive-operated treatment facility in Ohio, where PFAS compounds are permanently destroyed using high-temperature, high-pressure supercritical water oxidation.

Unlike disposal methods that may transfer PFAS to air, soil, or wastewater streams, this process breaks the chemical bonds apart and converts the materials into benign mineralized byproducts, treating water to standards that meet or exceed drinking water criteria.

"NJDEP is setting the standard for statewide PFAS action. With over 150,000 gallons of AFFF expected from hundreds of fire departments, this is one of the largest coordinated foam collection PFAs cont'd on pg 11

by PFAS-containing firefighting foams, of which the most common is aqueous film-forming foam (AFFF).

Believed to be one of the largest cooperative collection programs of its kind in the nation, New Jersey's program is funded through a \$16.6 million state appropriation.

DEP and DCA's Division of Fire Safety identified more than 400 fire departments eligible to participate and expect to collect approximately 150,000 gallons of firefighting foam. Participating fire departments were required to register in advance and have been advised of collection and drop-off requirements, including safe handling and transportation of the materials. No walk-ins are being accepted.

"Today we are continuing the process of remov-

ing these PFAS 'forever chemicals' from our fire departments throughout the state. Now is the time to begin the transition from these PFAS containing foams and move to safer fluorine-free alternatives," said State Fire Marshal and Division of Fire Safety Director Wayne Wolk. "This is a good day for the fire service in New Jersey and the DFS, we will continue to advocate for the health and welfare of both our firefighters and residents to be free from these harmful chemicals."

"Our members face elevated exposure to PFAS through firefighting foams and contaminated gear at much greater levels than the public. Remediation efforts being conducted will protect our firefighters and HAZMAT technicians from continued risks from these forever chemicals," said New Jersey

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PFA's

Continued from page 10

and destruction programs in U.S. history," said Rick Gillespie, Chief Executive Officer of Revive Environmental. "Some of the most meaningful moments in my career have been sitting with firefighters and their families and hearing what it means to finally have this foam out of their stations."

The Problem with PFAS in Firefighting Foams

PFAS (per- and polyfluoroalkyl substance) are synthetic chemicals linked to cancer, immune system impacts, and long-term environmental contamination. Because they do not readily break down, they can persist in water, soil, and the human body for decades.

Given their durability and water-resistance, they have been used in a wide variety of applications over the years, including non-stick cookware, water-repellant clothing, grease-resistant food

packaging, stain-resistant carpets and fabrics, cleaning products and cosmetics.

PFAS have also been used for decades in certain firefighting foams because they form a highly effective barrier to extinguish high-hazard flammable liquid (Class B) fires, such as fuel, oil and grease fires. Due to its highly concentrated PFAS content, removing PFAS-containing foams from service is considered one of the most urgent and effective actions states can take to reduce future contamination risks.

When used in firefighting, these foams can seep into the ground and impact nearby water bodies, posing a serious threat to drinking water supplies. Studies have found elevated levels of PFAS in water sources near military bases, airports, and industrial sites where AFFF has been used extensively.

The state legislation signed in 2024 set a January 8, 2026, deadline for fire departments to cease

using PFAS-containing firefighting foams. The deadline was extended to January 1, 2027.

Fire departments are responsible for the transition away from PFAS-containing firefighting foams. Modern alternatives that do not contain the harmful chemicals are available and suitable for most municipal firefighting applications.

Resources

Guidance to help fire departments prepare for the deadline to cease using PFAS-containing firefighting foams can be accessed on the DCA Division of Fire Safety's website via the following links:

Updated guidance on the use of Class B Aqueous Film Forming Foam ("AFFF")

FAQ: New Jersey Law on PFAS in Firefighting Foam (P.L. 2023, c.243)

Class B Firefighting Foam Policy – Procedure for Application of P.L. 2023, c.243

For more information about the collection program, visit dep.nj.gov/pfas/afff/



The Slate Belt Heritage Center & Museum will hold their monthly historic program on Thursday, April 13th at 7pm. As The United States is in full swing of celebrating its' "Semiquincentennial", come join speaker Melissa Hough as she presents "Life, Liberty and the Pursuit of Happiness: What Would We Do?" What would we do if we lived during the War of Independence? When it was a major struggle to survive on what was the frontier, how did international events impact the lives of people in what we now call the Slate Belt? What sites and artifacts do we have that connect us to those times? Follow Melissa on a journey into the Slate Belt area's lifestyle in the mid-1700's and the big questions that confronted people at that time. Melissa is the Curator of the Heritage Center & Museum and possesses a wealth of knowledge on the Slate Belt. Featured in the Chamber Room will be the Center's 2026 exhibit: "Life, Liberty & the Pursuit of Happiness". The event is free and open to the public. The Center is located at 30 North 1st Street, Bangor, PA. For additional information please contact: Karen Brewer at 484-894-5661.

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Boscola Announces \$80,000 in Funding to Lafayette College and Moravian University to Combat Sexual Assault

State Senator Lisa M. Boscola announced today that Lafayette College and Moravian University have been awarded grants by the Pennsylvania Department of Education through the "It's On Us PA" initiative, whose goal is to raise awareness of and combat sexual assault on college campuses.

"I'm pleased to announce state funds will be used by Lafayette College and Moravian University to further their own "It's On Us

PA" program goals, which focus on the prevention of sexual violence on college campuses," Boscola said. "Pennsylvania continues to be a leader in partnering with our institutions of higher education to implement strategies to prevent sexual violence and improve campus safety."

Lafayette College and Moravian University were awarded \$40,000 for their respective "It's on Us PA" initiatives. Moravian University will use the state grant

to educate students about consent and boost campus awareness of reporting options and resources. Moravian will also partner with student organizations to ensure information, particularly awareness of affirmative consent, reaches high-risk groups.

The It's On Us campaign is a national initiative initially championed by President Barack Obama in 2014. In 2016, Pennsylvania was the first state in the nation to launch a state-

wide campaign to combat sexual assault and violence. It's On Us PA is a statewide campaign that invites everyone to play a role in ending sexual assault. It's On Us PA brings together college and university presidents, superintendents, administrators, teachers, students, families, and community members to reframe the conversation around sexual violence and pledge to be part of the solution.

Statewide, forty-three institutions of



higher education and postsecondary schools were awarded "It's On Us PA" grants totaling more than \$1.7 million. The grant awards were announced today in Harrisburg by Secretary of Education Dr. Carrie Rowe. Since 2016, over 340 It's On Us PA Grants totaling nearly \$10.5 million have been awarded.



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Easter Dinner Specials

<p>Appetizers</p> <p><u>Smoked Gouda Carrot Soup 9.50</u></p> <p><u>Eggplant Rollatini 15</u></p> <p><u>Stuffed Mushrooms 14</u> Sausage Mozzarella Spinach</p> <p><u>Shrimp Cocktail 18</u> Cocktail Sauce</p> <p><u>Homemade Crab Cake 19</u> Lemon Aioli</p> <p><u>Pierogies & Kielbasa 16</u> Caramelized Onions Bacon Beer Mustard Sour Cream</p> <p><u>Grilled Octopus 22</u> Baby Greens Olives Feta Tomatoes Banana Peppers</p> <p><u>Black Jack 22</u> Filet Mignon Medallions Gorgonzola Sauce Caramelized Onions</p> <p>Salads</p> <p><u>Winter Salad 16</u> Butter Lettuce Poached Pears Sour Cherries Candied Walnuts Roasted Butternut Squash Mai Tai Blue Cheese Pomegranate Seeds Maple Walnut Vinaigrette</p> <p><u>Chilled Seafood Cobb Salad 29</u> Crab Shrimp Lobster Bacon Avocado Egg Blue Cheese Creamy Garlic Dressing</p>	<p>Entrees</p> <p><u>Bourbon Glazed Virginia Ham 27</u> Baked Sweet Potato Green Beans Pineapple Chutney</p> <p><u>Grilled Cajun Teriyaki Mahi Mahi 35</u> Mango Salsa Rice Spinach Asparagus</p> <p><u>Mustard Crust Rack of Lamb 48</u> Apple Relish Spring Pea Mint Puree</p> <p><u>Ribeye 38</u> Beer Marinated Asparagus Duck Fat Potatoes Irish Whiskey Peppercorn Sauce</p> <p><u>Oven Roasted Prime Rib 45</u> Duck Fat Potatoes Vegetable Au jus Sauce</p> <p><u>Twin Lobster Tails 55</u> Baked Potato Vegetables Drawn Butter</p> <p><u>Surf n Turf 55</u> Baked Potato Vegetable</p> <p><u>Beef Tips 29</u> Smothered in Mushrooms & Onions Mashed Potatoes Stuffing Brown Gravy</p> <p><u>Beef Wellington 45</u> Demi Mashed Potatoes Vegetables (Takes 45 mins to cook)</p> <p><u>Half Roasted Chicken 28</u> Mashed Potatoes Roasted Carrots Spring Peas</p>
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